

STIR-FRIED NOODLES

Shanghai Noodles \$14.95
*Stir-fried wheat lo-mein noodles with vegetables.
Choice of chicken, tofu, or vegetables. \$2 extra for beef
or shrimp.*

Stir-Fried Combo Noodles. \$16.95
*Wheat lo-mein noodles, chicken, beef, shrimp, &
vegetables in a brown sauce.*

🔥 Kung Bao Noodles \$14.95
*Wheat lo-mein noodles, chicken, peanuts, & vegetables
stir-fried with brown, sweet, & hot sauce.*

🔥 Hot Basil Noodles \$14.95
*Chicken, wheat lo-mein noodles, red bell peppers, & onions
in a hot basil sauce.*

Crunchy Sesame Chicken Noodles \$16.95
*Stir-fried wheat lo-mein noodles & veggies in a brown sauce
with crispy chicken breast on top.*

🔥 Garlic Tofu Noodles \$14.95
*Wheat lo-mein noodles, tofu, vegetables, cilantro, & crushed
peanuts in a spicy garlic sauce.*

Yummy Chow Fun \$15.95
*Stir fried flat and big rice noodles with vegetables.
Choice of chicken, tofu or vegetables. \$2 extra for beef,
shrimp, or combo.*

NOODLES IN BROTH

Vietnamese Bowl \$14.95
*Thin rice noodles, basil, bean sprouts, cilantro, peapod
and napa in clear broth. Choice of chicken, tofu or vegetables.
\$2 extra for beef or shrimp.*

Japanese Miso Soup. \$14.95
Udon noodles, vegetables, & tofu.

🔥 Korean Combo Bowl \$17.95
*Udon noodles, chicken, shrimp, beef, & vegetables in a
special hot broth.*

Wonton & Noodles. \$15.95
Pork wontons, udon noodles, vegetables in clear broth.

Crispy Chicken & Noodles in Broth \$16.95
*Udon noodles, vegetables, tasty chicken broth, &
crunchy sesame chicken on the side.*

MOO SHU CREPES

(Served with 4 Pancakes & Plum Sauce)

With Chicken, Tofu or Vegetables \$16.95
Stir-fried with cabbage, carrots, black mashroom, onions and eggs.

With Beef, Shrimp or Pork \$18.95
Stir-fried with cabbage, carrots, black mashroom, onions and eggs.

PASTA

Plain Spaghetti \$13.95
Marinara sauce.

Chicken Spaghetti \$15.95
White meat chicken, marinara sauce.

Shrimp Spaghetti \$17.95
8 Pc. shrimp, marinara sauce.

THAI NOODLES

Pad Thai \$14.95
*Thin rice noodles, bean sprouts, eggs, onions, & crushed
peanuts in Thai sweet sauce. Choice of chicken, tofu, or
vegetables. \$2 extra for beef or shrimp.*

Pad See Eiw \$15.95
*Stir-fried big rice noodles, broccoli, sprouts, & eggs in sweet
brown sauce. Choice of chicken, tofu, or vegetables.
\$2 extra for beef or shrimp.*

🔥 Hot & Spicy Noodles \$15.95
*Big rice noodles, bell & hot peppers, eggs, white onions, &
basil. Choice of chicken, tofu, or vegetables. \$2 extra for
beef or shrimp.*

🔥 Thai Image Noodles \$16.95
*Thin rice noodles with shrimp & vegetables in a special
spicy sauce.*

Lard Nar \$15.95
*Stir-fried big rice noodles topped with broccoli and choice of
chicken or tofu in a light brown gravy. \$2 extra for beef or shrimp.*

🔥 Pad Ki Mao \$15.95
*Big rice noodles stir-fried with hot peppers, basil, eggs,
and vegetables. Choice of chicken, tofu, or vegetables.
\$2 extra for beef or shrimp.*

THAI CURRY

Red Curry \$15.95
*Choice of meat or tofu cooked in coconut milk with
bamboo shoots. With beef or shrimp \$17.95*

Green Curry. \$15.95
*Choice of meat or tofu cooked in coconut milk with
bamboo shoots. With beef or shrimp \$17.95*

Ka-Ree Curry \$15.95
*Yellow curry in coconut milk with potato &
choice of meat or tofu. With beef or shrimp \$17.95*

Panang Curry \$15.95
*Sweet curry, bell peppers in coconut milk, choice of meat or tofu
With beef or shrimp \$17.95*

Pineapple Shrimp Curry. \$17.95

Mus-Sa-Mun Curry \$15.95
*With potato, peanuts, in coconut milk.
choice of meat or tofu.
With beef \$17.95*

THAI FRIED RICE

Chicken, Veggies or Tofu \$12.95
Shrimp or Combo . . . \$13.95 Beef \$13.95

- Thai Fried Rice - Spicy Fried Rice
- Pineapple Fried Rice - Curry Fried Rice

🔥 Indicates Hot & Spicy
Brown Rice Available

LUNCH SPECIALS

Add Lunch Size Soup \$1.50 (hot & sour or egg drop soup)

Lettuce Wraps (4 pcs)
Black mushrooms, water chestnuts, onions, plum sauce,& rice, choice of:
- Chicken \$14.95
- Tofu & Veggy \$14.95
- Shrimp & Pineapple \$15.95

Stir-Fried Noodles

with Chicken, Tofu, or Vegetables . . . \$12.95
Beef \$13.95 Shrimp . . . \$13.95

Shanghai Noodles *Wheat noodles, veggies, and choice of meat*

Kung Bao Noodles (Hot) *Chicken, veggies, & peanuts*

Hot Basil Noodles (Hot) *Chicken, red bell peppers, & onions*

Crunchy Sesame Chicken Noodles \$14.95

Garlic Tofu Noodles (Hot) *Veggies, cilantro, & peanuts*

Yummy Chow Fun *Big rice noodles, veggies, & choice of meat*

Noodles In Broth

Vietnamese Bowl *Thin rice noodles, basil, sprouts, & cilantro*

Japanese Miso Soup *Udon noodles, tofu, & vegetables*

Korean Combo Bowl (Hot) \$14.95

Chicken, beef, shrimp, udon noodles, & vegetable

Wonton & Noodles *Pork wonton, udon noodles, & veggies*

Crispy Chicken & Noodles In Broth \$14.95

DAILY LUNCH MENU

Chicken, Tofu, or Vegetables \$12.95

Beef \$13.95 Shrimp . . . \$13.95

Chinese & Thai Entrees Include:

Egg Rolls, Crab Rangoon, & Steamed White or Brown Rice

Chinese

Sesame Chicken \$13.50

🔥 Orange Chicken \$13.50

Mongolian Chicken

Chicken & Vegetables

Sweet & Sour Chicken

🔥 Kung Bao Chicken

🔥 Sichuan Chicken

Cashew Chicken

Chicken & Broccoli

Teriyaki Chicken

Teriyaki Beef

Mongolian Beef

Beef & Vegetables

🔥 Hunan Beef

Beef & Broccoli

Pepper Tomato Beef

Shrimp & Vegetables

🔥 Kung Pao Shrimp

Cashew Shrimp

🔥 Mixed Vegetables

🔥 Tofu 8 Delights

🔥 Kung Pao Tofu

Chop Suey (Choice of meat)

Fried Rice (Choice of meat)

Thai

Choice of meat, tofu or vegetables

Pad Thai

Thai Sweet & Sour

Pad See Eiw

🔥 Thai Cashew

🔥 Hot & Spicy Noodles

Thai Broccoli

Pad Woon Sen

Thai Fried Rice

Ginger Chicken

- Thai Fried Rice

🔥 Spicy Basil Leaves

- Spicy Fried Rice

- Curry Fried Rice

- Pineapple Fried Rice

Lunch Specials Served From 11:30 - 2:30 Mon - Sat
(Excluding Tuesdays & Holidays)

Yummy Bowl

Chinese & Thai Restaurant

易園

Dine-in • Carry-out • Delivery • Gluten Free

Gluten Free (More Than 20 items)

(Delivery Minimum \$15 - \$20)

Tel: (847) 266-8880
(847) 433-8440

www.yummybowl.com

1908 Sheridan Road, Highland Park, IL 60035

4 Blocks East of Green Bay, 1/2 Block North of Central

Delivery Area

Highland Park, Highwood, Fort Sheridan, Glencoe,
Lake Forest, Deerfield, Bannockburn, &

Business Hours

Monday 11:30 am - 9:00 pm
Wed & Thur 11:30 am - 9:00 pm
Fri & Sat 11:30 am - 10:00 pm
Sunday 4:00 pm - 9:00 pm
Tuesday Closed

APPETIZERS

Lettuce Wraps (4 pcs)
*Wok-seared black mushrooms, water chestnuts, & onions,
served with lettuce wraps & plums sauce. Choice of:*

Chicken \$14.95

Tofu & Vegetables. \$14.95

Shrimp & Pineapple \$15.95

Edemame (Organic Soy Beans) \$6.95

Vegetable Spring Rolls (3 pcs Fried). \$5.95

Chicken Egg Rolls (2 pcs) \$5.95

Veggie Egg Rolls (2 pcs) \$6.50

Shrimp Rolls (6 pcs) \$12.95
Thai Style Crispy Shrimp Rolls.

Pot Stickers (steamed per request) \$8.50
Choice of chicken or vegetable.

Pot Sticker Combo (steamed per request) \$8.95
Chicken & vegetable.

Cream Cheese Wonton (6 pcs) \$8.95

🔥 Sichuan Wonton (8 pcs) \$8.50
Steamed chicken wonton in a hot and garlic sauce.

Satay Chicken (5 pcs). \$12.95
Chicken marinated & grilled, served with peanut sauce.

Satay Beef (5 pcs) \$14.95
Beef marinated & grilled, served with peanut sauce.

Satay Shrimp with peanut sauce \$12.95

Satay Combo with peanut sauce \$16.95
2 chicken, 2 beef, 2 shrimp.

SOUPS

Hot & Sour Soup		\$5.95
Egg Drop Soup		\$5.95
Wonton Soup		\$5.95
Veggy Tofu Soup		\$6.50
Chicken Noodle Soup		\$6.95
Sizzling Rice Soup (2)		\$15.95
<i>Chicken, shrimp, & vegetables.</i>		
Thai Tom Yum Soup	(Sm.) \$6.95 (Lg.) \$12.95	
<i>Choice of meat in a hot & sour broth with mushrooms & green peppers. (Add bean thread noodles per request)</i>		
Shrimp	(Sm.) \$7.50 (Lg.) \$13.95	
Thai Tom Kha Soup	(Sm.) \$6.95 (Lg.) \$12.95	
<i>Choice of meat, mushrooms, and green peppers in a hot and sour broth with coconut milk. (Add bean thread noodles per request.</i>		
Shrimp	(Sm.) \$7.50 (Lg.) \$13.95	
Golden Noodle Soup	(Sm.) \$7.50 (Lg.) \$13.95	
<i>Chicken & rice noodles in Thai yellow curry and coconut milk soup.</i>		

GLUTEN-FREE MENU

Lettuce Wraps (4 pcs)	
<i>Wok-seared black mushrooms, water chestnuts & onions served with lettuce wraps. Choice of :</i>	
Chicken	 \$15.95
Tofu & Vegetables	 \$15.95
Shrimp & Pineapple	 \$16.95
Satay Chicken	 \$13.95
Edamane	 \$6.95
Soups: Sizzling Rice (for 2) / Egg Drop / Veggy Tofu Soup	
Thai Tom Yum (Hot) / Thai Tom Kha Soup (Hot)	
Thai Golden Noodle Soup (Hot)	
Mongolian Beef	 \$19.95
Sesame Chicken	 \$18.95
Orange Chicken	 \$18.95
Chicken & Vegetables	 \$16.95
Kung Bao Chicken	 \$17.95
Hunan Beef	 \$19.95
Chicken with Broccoli	 \$16.95
Sichuan String Beans	 \$15.95
Mixed Vegetables	 \$14.95
Yummy Chow Fun Noodles	 \$16.95
<i>Thin rice noodles, vegetables, brown sauce. Choice of tofu, chicken or vegetables. \$2 extra for beef, shrimp or combo</i>	
Fried Rice	
With Chicken, Pork, Tofu or Vegetables	 \$13.95
Beef	 \$14.95
Shrimp or Combo	 \$14.95
Egg Foo Young	
With Chicken, Pork, Tofu or Vegetables	 \$18.95
Beef	 \$20.95
Shrimp or Combo	 \$20.95
Vietnamese Bowl Soup	
<i>Thin rice noodles, basil, bean sprouts cilantro, peapods, napa, Choice of chicken or tofu. \$2 extra for beef or shrimp</i>	
Pad Thai	 \$15.95
<i>with Chicken, pork, tofu or vegetables. \$2 extra for beef, shrimp or combo.</i>	
Pad See Eiw	 \$16.95
<i>Thin rice noodles, eggs, broccoli, bean sprouts in sweet brown sauce. choice of chicken, pork, tofu or vegetables. \$2 extra for beef, shrimp or combo.</i>	
Thai Cashew Chicken	 \$17.95
Thai Sweet & Sour (stir-fried)	
Chicken or Tofu	... \$17.95
Beef or Shrimp	 \$19.95
THAI CURRY	
Choice of: Chicken, pork, tofu or vegetable..... \$16.95	
Beef or Shrimp..... \$18.95	
Red Curry	Panang Curry
Green Curry	Mu-Sa-Mun Curry
Ka-Ree Curry	Pineapple Shrimp Curry

SPECIALTIES

Happy Family		\$20.95
<i>A combination of chicken, beef, shrimp, scallops, & vegetables in our special light & brown sauce.</i>		
Triple Sichuan Delight		\$19.95
<i>Chicken, beef, shrimp, peanuts & vegetables in a spicy brown sauce.</i>		
Mongolian Trio	Shrimp, Beef, Chicken, Onion	 \$19.95
Seafood Delight		\$20.95
<i>Shrimp, scallops, crab meat, & vegetables in a light sauce.</i>		
Sesame Chicken		\$17.95
<i>Honey glazed chicken chunks, fried & cooked to perfection, with steamed broccoli & sesame seeds.</i>		
Sesame Beef		\$19.95
Sesame Shrimp		\$19.95
Crispy Shrimp		\$19.95
<i>Lightly coated and fried shrimp with sweet & sour sauce or medium hot brown sauce on the side.</i>		
Shanghai Shrimp		\$19.95
<i>Jumbo shrimp lightly coated and fried, sauteed with garlic and onion served with stir-fried vegetables.</i>		
Orange Beef		\$19.95
Orange Chicken		\$17.95
<i>Deep fried chicken chunks seared with orange peels, bell peppers, water chesnuts, baby corn, white onions and broccoli in a spicy tangy brown sauce.</i>		
Governor's Chicken		\$17.95
<i>Deep fried chicken chunks sauteed with bell peppers, baby corn, water chestnuts and white onions in a spicy tangy brown sauce.</i>		
Crispy Duck		\$23.95
<i>Half duck marinated & deep fried to crispness.</i>		
Filets of Sole Fish (choice of sauce:)		\$20.95
Light Sauce	Mongolian	
Hunan Sauce	Soy Bean Sauce	

BEEF

Teriyaki Beef		\$18.95
Beef & Vegetables		\$17.95
Kung Bao Beef		\$18.95
Mongolian Beef		\$18.95
Beef with String Beans		\$18.95
Beef with Eggplant		\$18.95
Beef Broccoli		\$17.95
Pepper Tomato Beef		\$17.95
Beef & Peapods		\$18.95
Hunan Beef		\$18.95
Sichuan Beef		\$17.95

PORK

Pork & Vegetables		\$16.95
Sichuan Pork		\$17.95
Mongolian Pork		\$17.95

CHICKEN

Chicken & Vegetables	in Brown Sauce		\$15.95
Chicken in Black Bean Sauce		\$15.95	
Mongolian Chicken		\$15.95	
Kung Bao Chicken		\$16.95	
<i>Stir fried diced chicken, peanuts, bell peppers, zucchini, white onions and water chestnuts in medium spicy brown sauce.</i>			
Cashew Chicken		\$16.95	
Chicken with Eggplant		\$16.95	
Chicken with String Beans		\$16.95	
Chicken Broccoli	in Brown Sauce		\$15.95
Sweet & Sour Chicken (deep-fried)		\$16.95	
Empress Chicken (deep-fried)		\$15.95	
<i>Deep fried white meat chicken, broccoli and red peppers in sweet and spicy sauce.</i>			
Lemon Chicken (deep-fried)		\$15.95	
Hunan Chicken		\$16.95	
<i>Baby corn, bell peppers, zucchini, onions, water chestnuts, carrots in medium spicy brown sauce.</i>			
Sichuan Chicken		\$15.95	
<i>Celery, carrots, water chestnuts, black mushrooms in a sweet, spicy and tangy sauce.</i>			
Chicken Peapods	in White Sauce		\$16.95
Teriyaki Chicken	steamed broccoli, carrot and peapods	\$16.95	

SHRIMP

Shrimp & Vegetables	in White Sauce		\$17.95
Kung Bao Shrimp		\$18.95	
Cashew Shrimp		\$18.95	
Shrimp with String Beans		\$18.95	
Shrimp Peapods	in White Sauce		\$18.95
Shrimp Lobster Sauce		\$17.95	
Hunan Shrimp		\$18.95	
Sichuan Shrimp		\$17.95	
Shrimp in Black Bean Sauce		\$17.95	

TOFU

Tofu & Vegetables	in Brown Sauce		\$15.95
Tofu Eight Delights		\$15.95	
Kung Bao Tofu		\$16.95	
Mongolian Tofu		\$15.95	
Tofu and Black Mushrooms		\$16.95	
Tofu Broccoli	in Brown Sauce		\$15.95
Tofu with String Beans		\$16.95	
Tofu with Eggplant		\$16.95	
Sesame Tofu		\$17.95	
Teriyaki Tofu		\$16.95	

VEGETABLES

Mixed Vegetables	in White Sauce		\$13.95
Sichuan Broccoli		\$13.95	
Sichuan String Beans		\$14.95	
Eggplant in Plum Sauce		\$14.95	
Sichuan Eggplant		\$14.95	

THAI ENTREES

Basil Chicken		\$16.95
<i>Chicken, mushrooms, onions, green & jalapeno peppers in a light brown sauce.</i>		
Tofu	 \$16.95	Beef or Shrimp \$18.95
Ginger Chicken		\$15.95
<i>Onions & Oriental black mushrooms in a soy ginger sauce.</i>		
Sweet Almond Beef		\$18.95
<i>Stir-fried beef with almonds, water chestnuts, green peppers, mushrooms & onions in a sweet brown sauce.</i>		
Thai Cashew Chicken		\$16.95
<i>Mushrooms, peapods, pineapple, & bell peppers,</i>		
Tofu	 \$16.95	Beef or Shrimp \$18.95
Thai Garlic Shrimp		\$18.95
<i>Peapods, carrots, & garlic in a light brown sauce.</i>		
Chicken	 \$16.95	Shrimp & Scallops \$20.95
Beef	 \$18.95	
Thai Broccoli Chicken		\$15.95
Beef	 \$17.95	Shrimp \$17.95
Thai Sweet & Sour (stir-fried)		
<i>Tomato, pineapple, bell peppers, peapods and onions.</i>		
Chicken	 \$16.95	Beef \$18.95
Shrimp	 \$18.95	Combo \$20.95
Veggy Chicken Deluxe		\$15.95
<i>Chicken mixed with vegetables in Thai hot chili paste sauce.</i>		
Pad Woon Sen Beef		\$17.95
<i>Bean thread noodles with bean sprouts, mushrooms, onions, & eggs in a soy ginger sauce.</i>		
Chicken or Tofu	.. \$15.95	Shrimp \$17.95
Thai Fish Plate		\$20.95
<i>Filets of sole fish, peapods, carrots, & baby corn in a chili paste sauce.</i>		

THAI SALADS

All Thai salads mixed with lemon juice, chili paste, fish sauce, onions, cucumber, carrots, cilantro, & lettuce.	
Thai Chicken Salad	also mixed with ginger & peanuts . \$15.95
Thai Beef Salad	 \$17.95
Thai Shrimp Salad	 \$17.95
Thai Seafood Salad	 \$21.95
Cucumber Salad	a clear rice vinegar dressing \$6.95

FRIED RICE / EGG FOO YOUNG
CHOP SUEY / CHOW MEIN

Fried Rice (Chicken, pork, or vegetables)	 \$12.95
(Beef)	 \$13.95
Shrimp or Combo Fried Rice	 \$13.95
Egg Foo Young (Chicken, pork, or vegetables) .. \$17.95	
(Beef)	 \$19.95
Shrimp or Combo Egg Foo Young	 \$19.95
Chicken Chop Suey or Chow Mein..... \$15.95	
Beef Chop Suey or Chow Mein \$17.95	
Shrimp Chop Suey or Chow Mein \$17.95	

Indicates Hot & Spicy
Brown Rice Available